



Aboriginal, Torres Strait Islander Health Assessment

Are you of Aboriginal, Torres Strait Islander descent?

All Aboriginal and Torres Strait Islander people, regardless of age, are eligible for an annual Indigenous-specific health check. This health check is free* and was designed especially for Indigenous people. It was established because Indigenous people have considerably higher morbidity and mortality levels than non-Indigenous people, with earlier onset and more severe disease progression for many chronic diseases.

The aim of the health check is to provide Indigenous people primary health care matched to their age and needs by supporting early detection, diagnosis and intervention for common and treatable conditions. This health check is conducted at Meroo St Family Practice by one of our Registered nurses on behalf of your Doctor, it takes approximately 1 hour to complete. You will see your Dr afterwards and also receive a copy of the health check.

What is in the health check?

- Personal and family medical history, identifying risk factors
- Immunisation status update
- Physical examination
- Social and emotional wellbeing

During the health assessment, we will check:

- Blood pressure
- Pulse
- Height & weight
- Perform a urinalysis (if required)

This health check also provides you with free allied health referrals.

Suitably qualified eligible Allied Health Professionals can provide up to 5 Allied Health services in total per calendar year, including:

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| * Diabetes Educator | * Dietitian |
| * Audiologist | * Exercise Physiologist |
| * Mental Health Worker | * Occupational Therapist |
| * Physiotherapist | * Podiatrist |
| * Chiropractor | * Osteopath |
| * Psychologist | * Speech Pathologist |
| * Aboriginal Health Worker or Aboriginal and Torres Strait Islander Health Practitioner | |

Please see reception to make an appointment, or call 44214655 for more information.